

PERSONAL CARE

Feeding

Exercise

Skin & Oral Care

Toileting & Bathing

**Turning & Transfers
(bed to chair)**

Medication Reminders



"Your comfort is our responsibility.."

CONTACT

(972) 338-5404

contactus@jmachealthcare.com

LOCATION

**4301 Crystal Ln Garland,
TX 75043**

HOUSEKEEPING

Pet & Plant Care

Daily meal prep

Diet management

Mopping & Sweeping

Prescription Pick-up

Recreational Activities

**Laundry & Errand
services**

Other Services

Respite care

Hospital Sitters

Companion Care

Map Trained staff

Hourly & 24-hr care

CNA/Home Health Aide

Alzheimer & Dementia Care

